



Lemon Essential Oil

DESCRIPTION: A cleansing, zesty aroma. Diffuse it to boost focus and energy and to freshen the air.

TOP AROMATHERAPY BENEFITS: cleanse • purify • boost

AROMA: Zesty & Clean

BLENDS WITH: Eucalyptus, Peppermint, Rosemary

INGREDIENTS: Citrus limon (lemon) peel oil

COLLECTION METHOD: Cold pressed

CAUTION: Discontinue use if skin sensitivity occurs. Keep out of reach of children. Not for internal use. If pregnant, nursing, or under a doctor's care, consult physician. Avoid contact with eyes and mucous membranes. Avoid sunlight or UV rays for up to 12 hours after applying product.



TOP TIPS:

Diffuser

Add 1 drop oil per 20 ml of water and diffuse for a cleansing and energizing aromatherapy experience.

Air Freshener

Add a few drops to a spray bottle filled with distilled water, shake well and spritz.

Laundry Freshener

Add a 1-2 drops to a dryer sheet or dryer ball to freshen laundry as it dries.

Sugar Scrub

Combine 10-15 drops essential oil with 1/2 cup coconut oil and 1/2 cup sugar for an invigorating DIY sugar scrub for glowing skin.

Bath Salts

Combine 15-20 drops essential oil with 2 tablespoons coconut oil and 2 cups Epsom salt for energized skin.

Daily Shower Spray

To a spray bottle, add 1 cup of water, 1 tablespoon liquid Castille soap, 5 drops lemon oil and 5 drops tea tree oil. Use after showering on tile and glass.

Sea Salt Hair

Combine 1 cup warm water, 2 tablespoons sea salt, 1/2 teaspoon fractionated coconut oil, 5 drops lemon oil, and 5 drops of lavender or peppermint oil. Spray in hair and lightly scrunch to create beachy waves.

Surface Cleaner

To a spray bottle, add 15 drops of lemon oil, 1 cup distilled water, and 1/4 cup white vinegar. Shake well.

Natural Polish

Combine 10 drops essential oil with 1/4 cup olive oil and 1/4 cup vinegar in a spray bottle for DIY furniture polish.

Clean and Preserve Leather

Add a few drops lemon essential oil to a wet rag and wipe down leather furniture.

Adhesive Remover

Add a few drops to a paper towel and use to remove adhesive.

DIY AROMATHERAPY BLENDS:

Alert: Lemon + Basil + Peppermint

Brighten: Lemon + Ylang Ylang

Citrusy: Lemon + Bergamot + Lemongrass

Clean: Lemon + Eucalyptus + Orange

Energize: Lemon + Grapefruit + Orange

Focus: Lemon + Peppermint + Rosemary

Herbal & Sweet: Lemon + Oregano + Peppermint + Rosemary

Purify: Lemon + Tea Tree

Refresh: Lemon + Eucalyptus

Uplift: Lemon + Bergamot + Lavender

Wake Up: Lemon + Grapefruit + Peppermint

Welcoming: Lemon + Lavender

Usage: Use 3-5 drops per 100 mL of water with a diffuser. Dilute up to 6 drops per 1 teaspoon of carrier oil to use topically.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.