



Guard Against Essential Oil Blend

DESCRIPTION: Guard the air against seasonal irritants with this potent blend of botanicals derived from the legend of the Four Thieves. Diffuse it to refresh the air and feel uplifted

TOP AROMATHERAPY BENEFITS: defend • cleanse • energize

AROMA: Warm & Spicy

INGREDIENTS: Citrus aurantium dulcis (orange) peel oil, eugenia caryophyllus (clove) leaf oil, cinnamomum zeylanicum leaf oil, eugenia caryophyllus (clove) bud oil, eucalyptus globulus leaf oil, cinnamomum zeylanicum bark oil, rosmarinus officinalis (rosemary) leaf oil

CAUTION: Discontinue use if skin sensitivity occurs. Keep out of reach of children. Not for internal use. If pregnant, nursing, or under a doctor's care, consult physician. Avoid contact with eyes and mucous membranes. Not intended for use on children. Avoid sunlight or UV rays for up to 12 hours after applying product.

Also available in 10 ml roll-on.



TOP TIPS:

Diffuser

Add 1 drop oil per 20 ml of water and diffuse for a comforting and invigorating aromatherapy experience.

At Home

Diffuse or use topically with a carrier oil when seasonal irritants are present.

Enhance Hand Soap

Add a few drops to liquid hand soap.

Shampoo Boost

Add a few drops to small amount of your shampoo to encourage healthy hair and add luster.

Surface Cleaner

To a spray bottle, add 15 drops of Guard Against oil, 1 cup distilled water and 1/4 cup white vinegar. Shake well.

Clothing Deodorizer

Add 10-15 drops per gallon of water and soak dirty clothes and sports gear before adding to washing machine.

Out & About

Dilute and apply to pulse points when traveling or in public areas.

Healthy Habits

Combine with a carrier oil and apply to wrists and chest for encouragement when dieting and exercising.

Encourage Relaxation

Add to carrier oil and apply to temples and/or neck to encourage relaxation when feeling tension or stress.

Combine with carrier oil and ginger or peppermint and apply to stomach to encourage relaxation.

EXPERTLY BLENDED

Guard Against is specially designed by our aromatherapy experts with the following oils:



Cinnamon



Clove



Eucalyptus



Orange



Rosemary