



Eucalyptus Essential Oil

DESCRIPTION: An invigorating, refreshing aroma. Diffuse it seasonally to encourage deep breathing and relaxation.

TOP AROMATHERAPY BENEFITS: invigorate • breathe • refresh

AROMA: Fresh & Leafy

BLENDS WITH: Lemon, Peppermint, Tea Tree

INGREDIENTS: Eucalyptus globulus leaf oil

COLLECTION METHOD: Steam Distilled

CAUTION: Discontinue use if skin sensitivity occurs. Keep out of reach of children. Not for internal use. Avoid use if pregnant or breastfeeding. If under a doctor's care, consult physician. Avoid contact with eyes and mucous membranes. Not intended for use on children.

Also available in 10 ml roll-on.



TOP TIPS:

Diffuser

Add 1 drop oil per 20 ml of water and diffuse for an invigorating and refreshing aromatherapy experience.

Clear the Air

Diffuse to encourage mindful breathing.

Enhance Shower

Apply to a few drops to shower floor for a refreshing steam.

Bath Salts

Combine 15-20 drops essential oil with 2 tablespoons coconut oil and 2 cups Epsom salt for energized skin.

Sugar Scrub

Combine 10-15 drops essential oil with 1/2 cup coconut oil and 1/2 cup sugar for an invigorating DIY sugar scrub for glowing skin.

Daily Shower Spray

To a spray bottle, add 1 cup of water, 1 tablespoon liquid Castille soap, 5 drops eucalyptus and 5 drops lemongrass oil. Use after showering on tile and glass.

Floor Cleaner

Create a DIY floor cleaner by adding 1/2 cup warm water, 1/4 cup white vinegar, 1 teaspoon liquid dish soap and 10 drops eucalyptus and 10 drops lemon oil to a spray bottle.

Outdoor Spray

Create a natural outdoor spray with 1/2 cup apple cider vinegar and 5 drops each of citronella, lemongrass, peppermint, eucalyptus, and rosemary.

Facial Steam

Create a facial steam to by adding 3-5 drops to 2 cups boiling water and covering head and bowl with a towel while inhaling.

DIY AROMATHERAPY BLENDS:

Breathe Clear: Eucalyptus + Breathe In + Peppermint

Carefree: Eucalyptus + Bergamot + Patchouli

Clean: Eucalyptus + Lemon + Orange

Clean & Minty: Eucalyptus + Peppermint + Rosemary

Energy: Eucalyptus + Citrus Boost + Lemon

Feel Refreshed: Eucalyptus + Bergamot + Peppermint

Fresh & Herbal: Eucalyptus + Ginger + Orange + Rosemary

Healthy Home: Eucalyptus + Clove + Cinnamon + Orange + Rosemary

Refresh: Eucalyptus + Lemon

Refreshing Garden: Eucalyptus + Citronella + Lavender

Think Clear: Eucalyptus + Peppermint + Rosemary

Usage: Use 3-5 drops per 100 mL of water with a diffuser. Dilute at a 1 to 1 ratio with carrier oil to use topically.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.