



Deep Soothe Essential Oil Blend

DESCRIPTION: A cool, soothing blend to ease and comfort. Diffuse after a long days work or a hard workout.

TOP AROMATHERAPY BENEFITS: cool • soothe • comfort

AROMA: Minty & Cool

INGREDIENTS: Cinnamomum camphora (camphor) bark oil, citrus aurantium dulcis (orange) peel oil, mentha piperita (peppermint) oil, mentha arvensis leaf oil, lavandula hybrida oil, gaultheria procumbens (wintergreen) leaf oil, eucalyptus globulus leaf oil, rosmarinus officinalis (rosemary) leaf oil, illicium verum (anise) fruit/seed oil, lavandula angustifolia (lavender) flower oil, ocimum basilicum (basil) oil

CAUTION: Discontinue use if skin sensitivity occurs. Keep out of reach of children. Not for internal use. Avoid use if breastfeeding. If pregnant or under a doctor's care, consult physician. Avoid contact with eyes and mucous membranes. Do not apply to or near the face of infants or children.

Also available in 10 ml roll-on. 



TOP TIPS:

Diffuser

Add 1 drop oil per 20 ml of water and diffuse for a cooling aromatherapy experience.

Clear the Air

Diffuse to encourage mindful breathing.

Gentle Massage

Add 1-2 drops to carrier oil and use for a gentle massage on sore muscles or joints.

Enhance Shower

Dilute with a carrier oil and apply to skin in the shower to cool and soothe tired body.

Sugar Scrub

Combine 10-15 drops essential oil with 1/2 cup coconut oil and 1/2 cup sugar for an invigorating DIY sugar scrub for glowing skin.

Bath Salts

Combine 15-20 drops essential oil with 2 tablespoons coconut oil and 2 cups Epsom salt for energized skin.

Daily Shower Spray

In a spray bottle add 1 cup of water, 1 tablespoon liquid Castille soap, 10 drops Deep Soothe oil. Use after showering on tile and glass.

Gym Bag Deodorizer

Add a drop to a cotton ball and place in gym bag to mask the smell of sweaty gym clothes.

Encourage Relaxation

Add to carrier oil and apply to temples and/or neck to encourage relaxation when feeling tension or stress.

Combine with carrier oil and ginger or peppermint and apply to stomach to encourage relaxation.

EXPERTLY BLENDED

Deep Soothe is specially designed by our aromatherapy experts with the following oils:



Anise



Basil



Camphor



Eucalyptus



Lavender



Orange



Peppermint



Rosemary



Wintergreen

Usage: Use 3-5 drops per 100 mL of water with a diffuser. Dilute up to 5 drops per 1 teaspoon of carrier oil to use topically.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.