



Clove Essential Oil

DESCRIPTION: A spicy and warm aroma. Diffuse it to promote feelings of protection and stimulation.

TOP AROMATHERAPY BENEFITS: protect • cleanse • stimulate

AROMA: Spicy & Woody

BLENDS WITH: Cedarwood, Cinnamon, Orange

INGREDIENTS: Eugenia caryophyllus (clove) flower oil

COLLECTION METHOD: Steam Distilled

CAUTION: Discontinue use if skin sensitivity occurs. Keep out of reach of children. Not for internal use. Avoid use if pregnant or breastfeeding. If under a doctor's care, consult physician. Avoid contact with eyes and mucous membranes. Not intended for use on children.



TOP TIPS:

Diffuser

Add 1 drop oil per 20 ml of water and diffuse for a stimulating and cleansing aromatherapy experience.

Refresh Potpourri

Add a few drops to refresh your potpourri.

Natural Holiday Fragrance

Combine with oils such as cinnamon, Canadian fir, orange, peppermint and/or ginger for a natural holiday scent.

Post-Workout Recovery

Add 1-2 drops to carrier oil and use for a massage after a hard workout.

Natural Deodorizer

Combine with cedarwood or cinnamon to use as a natural deodorizer.

Facial Cleanser

Apply to a cotton swab with carrier oil and dab on acne or add to skin care cleanser. Avoid eyes.

Body Cleanse

Add a few drops to carrier oil and apply to pulse points when trying to detox body.

Clean Sweaty Clothes

Add 10-15 drops per gallon of water and soak gym clothes and sports gear before adding to washing machine.

Surface Cleaner

In a spray bottle combine 7 drops clove and 7 drops orange oil, 1 cup distilled water, and 1/4 cup white vinegar. Shake well.

Healthy Home

Combine with orange and/or clove and diffuse when seasonal threats are high.

Encourage Relaxation

Diffuse or dilute and use topically to encourage relaxation when experiencing nausea, upset stomach, bloating or indigestion.

DIY AROMATHERAPY BLENDS:

Autumn Spice: Clove + Orange

Detox: Clove + Lemon + Oregano

Down to Earth: Clove + Canadian Fir + Cedarwood

Falling Snow: Clove + Canadian Fir + Wintergreen

Get Well Soon: Clove + Cinnamon + Ginger + Orange

Healthy Home: Clove + Cinnamon + Eucalyptus + Orange + Rosemary

Relief: Clove + Ginger + Patchouli

Spiced Cider: Clove + Cinnamon + Orange

Stimulating: Clove + Rosemary